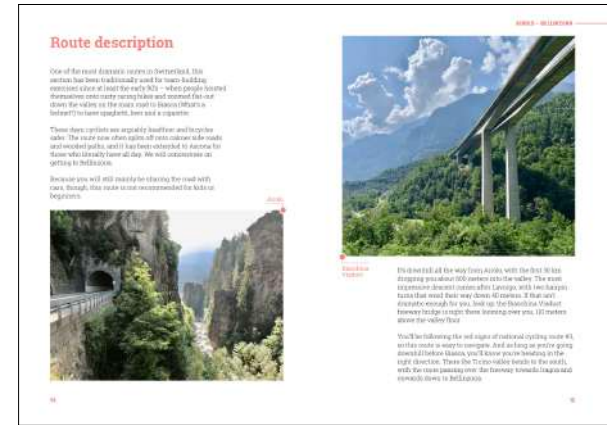
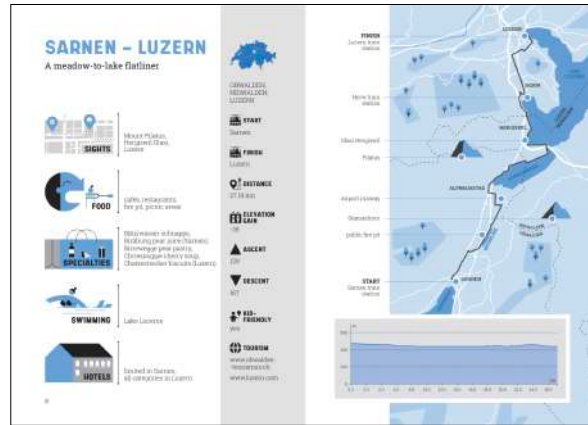


Flat Switzerland

33 fun cycling tours



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Finally, a cycling guide for people who love to relax and enjoy the ride. All of these 33 day trips are flat or downhill (with a few gentle rises here and there): leisurely pedalling along rivers, picnic stops at spectacular lakes, cruising descents through verdant valleys. Every Swiss region is included in this lushly-photographed and diverse book, from the Engadin to Ticino, the Swiss Plateau to the lakes of French-speaking Switzerland – even the most mountainous regions are here, with gradual downhill routes. This guide gives you the time to really take in the sights Switzerland is famous for.

- 33 day routes in every region of Switzerland: mountains, lakes and gentle valleys
- Each route includes swimming, refreshment and sightseeing
- Each route starts and ends at an SBB station, and many routes can be done in sequence as multi-day tours
- Easy-to-understand icons help families, beginners, couples and the adventurous choose their next relaxing escape.

The author

Swiss-Canadian writer Katrin Gygax has been cycling since she first got on the saddle of her brother's orange bicycle at the age of 9. She rode up and down the hills of West Vancouver, where she grew up, and later across Europe with the same enthusiasm. She has been doing a flatland Tour of Switzerland every summer since 2009. These are her favorite routes. Katrin is also the author of *Today's Office Looks Like This. 60 unconventional workspaces in Switzerland.*

